

Gluten Friendly Suggestions

Below are some suggestions for those looking for gluten free. We call these "gluten friendly" because our kitchen is not a gluten free environment. We ask any guest with a food allergy to inform your server so that we may insure no cross-contamination occurs. Our staff, including our managers and chefs, will see that you can confidently order and enjoy your meal, irrelevant of any dietary restrictions.

- We offer *gluten free rolls* and *gluten free wraps* so that you may enjoy our signature sandwiches and famous hamburgers.
- We offer *gluten free pasta* so that you may enjoy any of our daily specials and entrees. Please allow additional cooking time.
- All of our *Certified Angus Steak* selections are gluten free.
- See our "*Salad Station Card*" to create your own salad to meet your needs.
- We are happy to *customize any order* to adjust to your dietary needs. Peruse our chef's specials and our menu with your necessary adjustments in mind. Just let us know!

Additional Gluten Free Items

Hormone Free Chicken Nuggets with choice of any two sides \$9.99

Gluten Free Pizza \$8.99

The Veg Head portobella mushroom, roasted red peppers, hummus spread, sautéed spinach & fresh mozzarella on gluten free roll with choice of side \$10.99

Ramapo Wrap carved grilled chicken, basil, roasted peppers, fresh mozzarella, balsamic demi glaze in gluten free wrap \$10.99

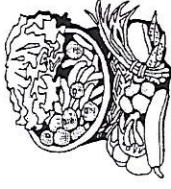
Yes, we offer *gluten free beer!* Estrella Damm Daura made with barley malt

SALAD STATION

Please Select Your Ingredients and Dressing \$10.99

GREENS (Pick One) PICK 5 TOPPINGS

- Baby Spinach
- Iceberg & Romaine Mix
- Mesclun
- Arugula
- Romaine
- Tossed Caesar



DRESSINGS (Pick One)

- Balsamic Vinaigrette
- Bleu Cheese
- Italian
- Honey Mustard
- Fat Free Raspberry Vinaigrette

- Russian
- Ranch
- Sesame
- Oil & Vinegar
- No Dressing

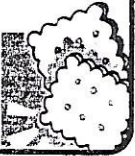
PROTEINS

- Grilled Chicken - \$2
- Blackened Chicken - \$2
- Tuna Salad - \$2
- Chicken Salad - \$2
- Buffalo Chicken Stix - \$2
- Grilled Buffalo Chicken - \$2
- Portobello - \$2
- Fish du Jour - \$4
- Steak - \$4 Temp: _____
- Grilled Kale Burger - \$2

- Artichoke Hearts
- Bacon Bits
- Brushetta Veggies
- Carrots
- Cherry Tomatoes
- Chick Peas
- Chopped Egg
- Croutons
- Cucumbers
- Dried Cranberries
- Mandarin Oranges
- Mushrooms
- Olives
- Red Onion
- Roasted Peppers
- Sundried Tomatoes
- Sunflower Seeds
- Walnuts
- Cheddar Jack Cheese
- Crumbled Bleu Cheese
- Feta Cheese
- Fresh Mozzarella Cheese
- Monterey Jack & Cheddar
- Avocado (Add \$1.00)

Table _____

Name _____



- Breadsticks
- Crackers
- None